

CURRICULUM VITAE

YOSSI ADIR, Ph.D.
Clinical Psychologist
Clinical Hypnotherapist
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Tel-Aviv
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CLINICAL EXPERIENCE:

1995 -

Present

Private practice, Tel Aviv, Israel

Individual psychotherapy with adults with various disorders.

2003-

Present

ShebaMedicalCenter, Tel-Hashomer, Israel

HematologyCenter. Inpatient and outpatient psychotherapy with cancer patients.

2004-

Present

Israeli Society of Hypnosis

Workshop leader on various topics on hypnosis and hypnotherapy.
Participants are: Physician, psychologist, and dentists.

2009-

Present

Tel Aviv University

Lecturer and supervisor of hypnosis.

2000-

Present

Lecturer and workshop leader in congresses, conferences, conventions on hypnotherapy, guided imagery, meditation, Cognitive-Behavior Therapy in Israel, Europe, United States, and more.

2003-

2006

Hosen - Israeli Support Groups for Cancer

Group facilitator of cancer patients and their families.

2006-

2013

Israeli Military

Lecturer on Cognitive Psychotherapy.

- 2000-
2005 **Israeli Military**
Lecturer on Guided Imagery.
- 2004-
2005 **Bar-Ilan University, Israel**
Lecturer on Psychopathology and Cognitive–Behavioral Theories.
- 1997 -
1999 **ShebaMedicalCenter, Tel-Hashomer, Israel**
Post Traumatic Stress Disorder Unit
Individual and group psychotherapy with combat survivors suffering mainly from Post Traumatic Stress Disorder and Anxiety Disorders.
- 1996 -
2003 **ShebaMedicalCenter**
Inpatient Psychiatric Unit
Individual and group psychotherapy with inpatients.
Developer and psychologist in charge of inpatient cognitive-behavioral therapy program.
Lectures, presentations, and seminars on diverse psychology topics (such as, cognitive therapy, personality disorders, hypnosis, etc.) for American and IsraeliTelAvivUniversity medical students, Hospital staff members, and others.
- 1994-96 **Adam Institute, Tel Aviv, Israel**
Individual psychotherapy with school teachers/counselors.
Lectures and seminars to staff members in different schools on diverse topics.
- 1995-96 **Sheba Medical Center**
Inpatient Psychiatric Unit
Internship in clinical psychology. Short term individual and group cognitive-behavioral psychotherapy with adult inpatients.
Psychodiagnostic evaluations.

PUBLICATIONS:

Adir, Y. (1995). *The Israeli Brain Drain: A Psychological Perspective*. Journal of Social Behavior and Personality, 10, 481-750.

EDUCATION:

- 1994 **Ph.D.** **CSPP - Fresno, CA, USA**
Clinical psychology. APA approved.
- Dissertation:** Brain Drain: Psychological Characteristics of
Israeli Graduates from American Universities Who Settle in the
US or Return to Israel.
- 1992 **MA** **CSPP - Fresno, CA, USA**
Clinical psychology.
- 1990 **BS** **University of Florida, Gainesville, Florida, USA**
Psychology. Minor in Jewish studies. Membership in Honor Society.
- 1988 **AA** **Broward Community College, Ft. Lauderdale, Florida**
Psychology. Graduated with honors.